

### **BARCELONA HANDBALL CAMP CROATIA**

22 - 28.06.2019. in Split-Omis

www.barcelonahandball-camp.com





#### BARCELONA HANDBALL CAMP CROATIA

#### **ABOUT CAMP**

Second year in a row we are organizing licenced FC Barcelona Handball Camp for individual players and for teams from 22.06. – 28.06.2019. in Split-Omis Croatia!

Our camp is designed for male and female players between 10 and 20 years of age and its main objective is to provide a comprehensive training environment with the highest quality to all participants. All participants will be divided in the age groups, and each group will have no more than 20 players.



Arrival day is 22nd of June 2019, after which we have 5 full days of training (in total 9 handball practices). Departure day is 28th of June 2019 after the breakfast.

We have some of the best world coaches and the best world players from FC Barcelona Handbol visiting us and working at our Camp!

In first edition of our camp in 2018, we had Viran Morros, Cédric Sorhaindo and Borko Ristovski working with our camp participants. For the next summer, we will have few other players from FC Barcelona visiting us and working with us!

In our coaching team, we have few coaches coming directly from FC Barcelona Handbol club, and other coaches are handball experts with high handball education from Croatia and other countries. Our main objective is promoting and respecting FC Barcelona's well-known training methodology!





#### **HOW TO APPLY FOR THE CAMP?**

To apply for our camp, please fill out the application here.

#### WHO CAN APPLY?

Our camp is designed for boys and girls player that are born between 2009 – 1998.

Every player who is less than 15 years old and who is coming individually (without the team) has to come with a parent or some other adult guardian!

If you make deal with some other parent/coach to take care of your child during the camp, that is also all right, we will just need your written approval about that before the start of the camp.

#### **COMBINING OUR CAMP WITH THE FAMILY VACATION**

You are very welcome to combine your family vacation with our camp. We have many parents and families joining their players and coming to our camp, spending their time in and around wonderful city Omis and on beautiful sandy beaches in our camping site area.

#### **CHECK IN AND CHECK OUT**

**CHECK IN** 

From 15.00 until 18.00 in camp Galeb, Omiš 22.06.2019. There are no training sessions on the arrival day of the camp, but there will be welcome meeting at 18.30. You have a lunch and dinner at the first day of the camp.

#### CHECK OUT

After the breakfast, at 10 o'clock on 28th of June, 2019.

#### **USEFUL INFORMATION**

All participants will be divided in the age groups. Each group will have one head coach and one demonstrator.

At the camp there will be 9 practices, with topics, technique and tactics adapted to the age of participants. The camp will provide the highest level of quality in all the practices in a positive and friendly atmosphere. The goal of the camp is to motivate all the players in achieving top results, developing personal skills, building self-confidence and winning mentality!

#### **GOALKEEPER TRAINING**

We will organize two separate sessions for all goalkeepers at our camp. In our first camp, our goalkeeper coach was Vanja Radic.

And of course, there is going to be present the famous goalkeeper Borko Ristovski, as one of the main organizers of our camp!







#### BARCELONA HANDBALL CAMP CROATIA

#### TRAINING SCHEDULE

Will be given to all participants upon the arrival to the camp.

To get the picture of what to expect and how our camp will look like, please check out this time table:

| Date   | Time          | Group      | Program   |
|--------|---------------|------------|---|
| 22.06. | 15.00 - 18.00 |            | Arrival to the camp   |
|        | 16.00 ->      |            | Check in the mobile houses  |
|        | 18.30 - 19.00 | ALL GROUPS | Welcome meeting   |
|        | 20.00 - 21.00 | ALL GROUPS | Dinner  |
|        |               |            |   |
| 23.06. | 07.30 - 08.30 | A, B, C    | Breakfast   |
|        | 08.30 - 09.30 | D, E, F    | Breakfast   |
|        | 09.00 - 10.15 | A, B, C    | TRAINING 1  |
|        | 10.30 - 11.45 | D, E, F    | TRAINING 1  |
|        | 12.00 - 13.00 | A, B, C    | Lunch   |
|        | 13.00 - 14.00 | D, E, F    | Lunch   |
|        | 17.00 - 18.15 | A, B, C    | TRAINING 2  |
|        | 18.30 - 19.45 | D, E, F    | TRAINING 2  |
|        | 19.00 - 20.00 | A, B, C    | Dinner  |
|        | 20.00 - 21.00 | D, E, F    | Dinner  |
|        |               |            |   |
| 24.06. | 07.30 - 08.30 | D, E, F    | Breakfast   |
|        | 08.30 - 09.30 | A, B, C    | Breakfast   |
|        | 09.00 - 10.15 | D, E, F    | TRAINING 3  |
|        |               | A, B, C    | TRAINING 3  |
|        |               | D, E, F    | Lunch   |
|        | 13.00 - 14.00 | A, B, C    | Lunch   |
|        | 17.00 - 18.15 | D, E, F    | TRAINING 4  |
|        |               | A, B, C    | TRAINING 4  |
|        | 19.00 - 20.00 | D, E, F    | Dinner  |
|        | 20.00 - 21.00 | A, B, C    | Dinner  |
|        |               |            | Participation of the Control of the |
| 25.06. | 07.30 - 08.30 |            | Breakfast   |
|        | 08.30 - 09.30 | D, E, F    | Breakfast   |
|        | 09.00 - 10.15 | A, B, C    | TRAINING 5  |
|        | 10.30 - 11.45 | D, E, F    | TRAINING 5  |
|        | 12.00 - 12.30 | A, B, C    | Lunch   |
|        | 12.30 - 14.00 | D, E, F    | Lunch   |
|        | 14.15 - 20.00 |            | Excursion to Split old town   |
|        | 20.00 - 20.30 | A, B, C    | Dinner  |
|        | 20.30 - 21.00 | D, E, F    | Dinner  |

|        | Total Control |            |                              |
|--------|---------------|------------|------------------------------|
| Date   | Time          | Group      | Program                      |
| 25.06. | 07.30 - 08.30 |            | Breakfast                    |
|        | 08.30 - 09.30 |            | Breakfast                    |
|        | 09.00 - 10.15 |            | TRAINING 5                   |
|        | 10.30 - 11.45 |            | TRAINING 5                   |
|        | 12.00 - 12.30 |            | Lunch                        |
|        | 12.30 - 14.00 |            | Lunch                        |
|        |               | ALL GROUPS | Excursion to Split old town  |
|        | 20.00 - 20.30 | A, B, C    | Dinner                       |
|        | 20.30 - 21.00 | D, E, F    | Dinner                       |
|        |               |            |                              |
| 26.06. | 07.30 - 08.30 | D, E, F    | Breakfast                    |
|        | 08.30 - 09.30 | A, B, C    | Breakfast                    |
|        | 09.00 - 10.15 | D, E, F    | TRAINING 6                   |
|        | 10.30 - 11.45 | A, B, C    | TRAINING 6                   |
|        | 12.00 - 13.00 | D, E, F    | Lunch                        |
|        | 13.00 - 14.00 | A, B, C    | Lunch                        |
|        | 17.00 - 18.15 | D, E, F    | TRAINING 7                   |
|        | 18.30 - 19.45 | A, B, C    | TRAINING 7                   |
|        | 19.00 - 20.00 | D, E, F    | Dinner                       |
|        | 20.00 - 21.00 | A, B, C    | Dinner                       |
|        |               |            |                              |
| 27.06. | 07.30 - 08.30 | A, B, C    | Breakfast                    |
|        | 08.30 - 09.30 | D, E, F    | Breakfast                    |
|        | 09.00 - 10.15 | A, B, C    | TRAINING 8                   |
|        | 10.30 - 11.45 | D, E, F    | TRAINING 8                   |
|        | 12.00 - 13.00 | A, B, C    | Lunch                        |
|        | 13.00 - 14.00 | D, E, F    | Lunch                        |
|        | 17.00 - 18.15 | A, B, C    | TRAINING 9                   |
|        | 18.30 - 19.45 | D, E, F    | TRAINING 9                   |
|        | 19.00 - 19.30 | A, B, C    | Dinner                       |
|        | 19.30 - 20.00 | D, E, F    | Dinner                       |
|        | 20.15 - 22.00 | ALL GROUPS | Entertaining program         |
|        |               |            |                              |
| 28.06. | 08.00 - 10.00 | ALL GROUPS | Breakfast and then check out |
|        |               |            |                              |
|        |               |            |                              |

This time table is just to make you easier the understanding of planned camp unrolling.

We will do everything we can to keep the schedule for our 2019 camp as it is published here, but it may change due to the factors that are beyond our control, so we kindly ask you for understanding. The planned training sessions will for sure stay as they are listed now!

Another important thing to consider is that the meals time table might change little bit (to earlier or later), due to the final amount of camp participants and number of groups that we will have! So once again, we kindly ask for your understanding if those changes will happen.

Exact time table and schedule we will send to all camp participants by 15th of June 2019.





#### **INSURANCE**

All the participants must have valid international insurance issued in their home countries before the travel date. However, we have the insurance for all our camp participants for the duration of our camp!

#### **TRANSFER**

We are organizing free transfer from and to the Split airport on the first and the last day of the camp. Depending on total number of arrivals/departures, we will schedule the times of the bus lines during the arrival and departure day. We will send you this information at least 5 days before the start of the camp!



#### PRICE OF THE CAMP

Every head coach that comes with the whole team, gets free participation at our camp (the team has to have at least 12 members!).

# PRICE LIST

## **CAMP ATENDEES**

Price 600 EUR 11 1st installment 200,00 EUR

2nd installment 200,00 EUR

3rd installment 200,00 EUR

### **COACHES AND PARENTS**

Price 550 EUR 11 1st installment 190,00 EUR

2nd installment 180,00 EUR

3rd installment 180,00 EUR

#### THE PRICE OF COMPLETE PACKAGE INCLUDES:

- full board and accommodation in luxury mobile homes (2-3 rooms, up to 4 or 6 persons in mobile house; with air-condition)
- all meals included (3 meals, buffet)
- official clothing equipment of FC Barcelona Handbol
- nine practices with top level coaches and top level handball players
- instant individual feedback
- practicing with some of the world's best and most famous players from FC Barcelona Handbol team who will be demonstrators at our camp
- practices in newly built sports halls and on outdoor fields
- transfer from and to the airport on the first and the last day of the camp
- possibility of enjoying the most beautiful sand beaches and the Adriatic Sea during the free time
- excursion to the Split old town
- entertainment for the camp participants
- party / entertainment for team leaders, coaches and parents (third evening of the camp)
- advertising materials of the camp (additional camp T-shirt, and other promotional materials)





### **WELCOME TO THE BARCELONA HANDBALL CAMP**

22 - 28.06.2019. IN SPLIT-OMIS, CROATIA

